

Context Card Template

A fillable source-of-truth card so AI knows your current goal, style, constraints, and red lines.

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Context Card Template

My AI Context Profile Card

Last refreshed: YYYY-MM-DD

Before you paste anything into an AI tool: use placeholders for names and private details. Do not paste passwords, API keys, 2FA codes, recovery codes, private tokens, card details, medical records, legal documents requiring advice, regulated financial records, customer data, or sensitive account access.

Current season

[short context]

What I am working on

- ...

What I want help with

- notes

- decisions
 - drafts
 - research
 - weekly review
 - learning
 - other
-

How I prefer responses

Tone: Length: Structure: Do: Don't:

Current priorities

- 1.
 - 2.
 - 3.
-

Constraints

- Time:
 - Energy:
 - Tools:
 - Budget:
 - Boundaries:
-

Things to avoid

- ...

Decisions I own

The AI may help me think, draft, sort, compare, and review. I approve risky actions and final decisions.

Weekly maintenance

Review this card weekly. Keep what is true, remove stale goals, add meaningful context changes, and avoid sensitive information unless deliberately chosen.

Important boundary

DWAI shares practical AI and AI-developer-path resources for thinking, drafting, organizing, researching, reviewing, learning, coding, debugging, testing, building small AI apps, and shipping owner-controlled projects. This is not therapy, counselling, diagnosis, ADHD or addiction treatment, medical advice, legal advice, financial advice, tax advice, crisis support, regulated professional advice, or a guarantee of clarity, productivity, income, saved time, business results, jobs, clients, or any personal outcome. AI outputs are drafts. The owner approves risky action.

How to use this download

Use this resource for: A fillable source-of-truth card so AI knows your current goal, style, constraints, and red lines.

- If you are new, start with the 20-Minute AI Starter Workflow, then use the full book and workbook as your main path.
- Keep the Owner Approval Checklist nearby before acting on anything risky.
- Use PDF for reading/printing, HTML for browser reading, and Markdown/TXT for AI study sources where available.

- Treat AI outputs as drafts. Use PASS / HOLD before money, accounts, public posts, deletes, deploys, customer/private data, code changes, or regulated claims.

Optional: learn it with NotebookLM

NotebookLM is a third-party Google tool. If you use it, upload only public DWAI downloads or copied public resource URLs. Do not upload private notes, secrets, customer data, account screenshots, or completed workbook pages.

1. Create or open a NotebookLM notebook.
2. Add the public DWAI PDFs, Markdown files, or public resource page URLs as sources.
3. Ask NotebookLM: "Using only these DWAI sources, explain the path in plain English, make me a 7-day study plan, quiz me, and flag anything involving secrets, accounts, money, public posting, deletion, deployment, customer or private data, code changes, or regulated claims as HOLD."
4. If your NotebookLM account has **Video Overview**, generate one for a video-style walk-through. If Video Overview is not available, use Audio Overview, briefing docs, study guides, or source-grounded Q&A instead.
5. Check NotebookLM's answer against the source citations before acting. AI study aids are drafts, not owner approval.

Do **not** upload completed workbook pages, context cards, customer/private data, private business records, passwords, API keys, 2FA or recovery codes, medical, legal, financial, tax, crisis, or sensitive personal details unless you have intentionally replaced them with placeholders and accept the tool's data terms.

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